# February 2024



# Northpoint Knights News



Mclean Co. District # 5

2024...we're on our way!

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# CC.

We are off to a great start in 2024! Students and staff have not really been enjoying the grey cold days, but we know the sunshine and warmer temps will return. Wednesday, January 31st we will reach our 100<sup>th</sup> day of school milestone. We have learned many things, but are anxious to learn more!

In late January, we met with our grade level teams for a data day to review student assessment results. Our students continue to make great growth in reading and math. Our teachers and staff are working hard each day to give each student an opportunity to grow at their maximum potential.

We would like to ask again for your feedback by taking the 5Essentials Survey. The link is on page 6 of the newsletter. We use these results to help us with improving our school. Thanks for supporting us this year!

Mr. Matt Harr Principal

# **February Events**

- ◆ 2/2 Half day- 7:45am to 10:45am
- ◆ 2/6 PTO meeting- 6:00pm to 7:00pm
- ◆ 2/9 PTO Trivia night 6pm to 7:30pm @ BloNo Pizza Co.
- ♦ 2/14 Valentine's Day parties
- ◆ 2/14 4th grade to BCPA for IL Symphony Orchestra
- 2/19 President's Day- No school
- ◆ 2/20 Institute Day- No school

# Looking ahead

- ♦ 3/4 Half day- 7:45 to 10:45am
- ♦ 3/5 PTO meeting 6pm to 7pm
- ♦ 3/6 Kindergarten registration 9am & 1pm
- ♦ 3/15 Karnival- 5pm to 8pm
- ♦ 3/25-3/29 Spring Break-No school



We have been seeing an increase in traffic safety issues and efficiency in the parking lot during drop off and pick up. Please follow these procedures during these times:

# **Morning Drop off:**

- No left turns between the hours of 7:15am- 7:45am.
- Pull all the way forward to allow as many cars as possible to unload.
- Unload all along the front sidewalk zone marked with the white stripe on the sidewalk. This
  helps our efficiency.
- Have your student ready to exit.
- Carpool with other families when possible.
- Start early during inclement weather. Students may enter the building at 7:25.
- Please do not exit your car in the drop off lane. Students should exit the car on the curb side only.
- Please be patient and allow 10-15 minutes.

# Afternoon Pick up:

- No left turns between the hours of 2:00pm-2:45pm.
- Pull all the way forward to allow as many cars as possible to load.
- Please be patient and allow 10-15 minutes.

## General:

- Please do not park in handicap areas or marked out areas.
- Please follow signage and do not make a left turn out of the parking lot.
- Cell phone use is prohibited in school zone areas.
- No left turns between the hours of 7:15am- 7:45am and 2:00pm-2:45pm.



Safety is our #1 priority; please help us by following these procedures and rules.

# **PTO Information**

Hello Northpoint families & Happy New Year!

It is hard to believe it is a new year already! Thank you for the contributions and donations to the mostibly teacher & safe in Incheon and the famous cookie trays in December. It is always a wonderful & delicious way to show our appreciation of the most of the proper of the pro

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# **Nurse Notes**

# Reminders:

- 2nd Grade Dental exams are due by **May 1st**. Please send in your dental exam forms.
- If you received a referral for Vision or Hearing please return your referral form after you have had a follow up appointment with your provider.

Registration begins early February. If you have your required health forms completed please upload them during online registration (as you can not go back into registration and upload them after you have submitted your information). If you do not have them completed yet, please send a copy to the school when they are available so we can update your student(s) health file. If your student is going into 6th grade, please feel free to submit a copy of your completed forms before the end of the year and they will be sent with your students file to their new junior high school.

## What health forms are needed?

Going into 2nd Grade:

Dental exam (Due by May 1st of school year)

Going into 6th Grade:

- ♦ Physical Exam (must be dated after 8-17-2023) Please note that if your child plans to participate in activities requiring a physical exam the school physical is accepted as a physical exam. The school can NOT accept an IESA/IHSA sports physical form for school required physical exams.
- Dental Exam (Due by May 15th of school year)
- Immunizations (there are required immunizations going into 6th grade, please contact your provider to see which ones are needed for your student)

Going into Kindergarten:

- Physical Exam (must be dated after 8-17-2023)
- Up to date immunizations
- Vision Exam
- Dental Exam (Due by May 1st of school year)

We are asking that incoming Kindergarten families please submit paperwork

Things happen... Placing a change of clothes (shirt, pants, underwear and socks) in your child's backpack, no matter the age of your student, will help them be prepared for accidents like mud, water, bathroom or illness. Please consider placing a change of clothes in your students backpack.



# February Elementary Breakfast



# Monday

# **Tuesday**

# Wednesday

# Thursday

# Friday

# Feb 5

Strawberry Pop-Tart Choice of Cereal, Yogurt, or String Cheese Dried Cranberries Choice of Juice Choice of Milk

# Feb 6

Glazed Pull-a-part Donut OR Choice of 2: Cereal, Yogurt, String Cheese Pineapple Choice of Juice Choice of Milk

# Feb 7

Choc Chip Oatmeal Bar Choice of Cereal, Yogurt, or String Cheese Peach Cup Choice of Juice Choice of Milk

# Feb 8

Blueberry Muffin Choice of Cereal, Yogurt, or String Cheese Strawberry Applesauce Choice of Juice Choice of Milk

# Feb 9

Soft Filled Cinnamon Toast Crunch Bar OR Choice of 2: Cereal, Yogurt, String Cheese Banana Choice of Juice Choice of Milk

# Feb 12

Fudge Pop-Tart Choice of Cereal, Yogurt, or String Cheese Grapes Choice of Juice Choice of Milk

# Feb 13

Mini Powdered Donut Holes
OR Choice of 2: Cereal,
Yogurt, String Cheese
Orange Wedges
Choice of Juice
Choice of Milk

# Feb 14

Cocoa Cherry Bar Choice of Cereal, Yogurt, or String Cheese Cinnamon Applesauce Choice of Juice Choice of Milk

# Feb 15

Banana Muffin Choice of Cereal, Yogurt, or String Cheese Dried Cranberries Choice of Juice Choice of Milk

# Feb 16

Strawberry Cream Cheese
Filled Bagel
OR Choice of 2: Cereal,
Yogurt, String Cheese
Banana
Choice of Juice
Choice of Milk

# Feb 19

President's Day No School

# Feb 20

Teacher Institute Day No School

# Feb 21

Strawberry NutriGrain Bar Choice of Cereal, Yogurt, or String Cheese Pear Cup Choice of Juice Choice of Milk

Double Chocolate Muffin Choice of Cereal, Yogurt, or String Cheese Baked Apples Choice of Juice Choice of Milk

# Feb 23

Apple Frudel
OR Choice of 2: Cereal,
Yogurt, String Cheese
Banana
Choice of Juice
Choice of Milk

# Feb 26

Strawberry Pop-Tart Choice of Cereal, Yogurt, or String Cheese Strawberry Applesauce Choice of Juice Choice of Milk

# Feb 27

Glazed Pull-a-part Donut OR Choice of 2: Cereal, Yogurt, String Cheese Grapes Choice of Juice Choice of Milk

# Feb 28

Choc Chip Oatmeal Bar Choice of Cereal, Yogurt, or String Cheese Dried Cranberries Choice of Juice Choice of Milk

# Feb 29

Feb 22

Blueberry Muffin Choice of Cereal, Yogurt, or String Cheese Pear Cup Choice of Juice Choice of Milk

# Mar 1

Soft Filled Cinnamon Toast Crunch Bar OR Choice of 2: Cereal, Yogurt, String Cheese Banana Choice of Juice Choice of Milk

Breakfast price: \$1.75

1% White or Chocolate Milk is offered with all meals.

Menus are subject to change. This institution is an equal opportunity provider.



# **February Elementary Lunch**



## Monday

## Tuesday

#### Wednesday

#### Thursday

# Friday

# Feb 5

## Cheese Pizza Bagel Bites or Hard Boiled Egg with String Cheese & Baked Cheetos or EZ Jammer Sandwich with Sunflower Seeds Corn Cucumber Slices Pineapple or Apple Slices

Choice of Milk

# Feb 6

Homemade Mac & Cheese
with Sunflower Seeds
or Salad w/Grilled Chicken
Cheese & Dressing
with Tortilla Chips
or EZ Jammer Sandwich
with Sunflower Seeds
Peas & Carrots
Grape Tomatoes
Peach Cup
or Apple Slices
Soft Mini Pretzel
Choice of Milk

## Feb 7

Chicken Nuggets
with Sweet & Sour Sauce
or Roasted Ranch Chickpeas
with String Cheese
& Baked Doritos
or EZ Jammer Sandwich
with Sunflower Seeds
Edamame
Green Pepper Strips
Strawberry Applesauce
or Apple Slices
Chow Mein Noodles
Choice of Milk

# Feb 8

Cheese Breadsticks
with Marinara Sauce
or Vanilla Yogurt
with Sunflower Seeds
& Cheerios Cereal
or EZ Jammer Sandwich
with Sunflower Seeds
Steamed Broccoli
Celery Sticks
Banana
or Apple Slices
Chat Snax Vanilla Grahams

Choice of Milk

# Feb 9

Mini Waffles
with Strawberry Yogurt
or Nacho Lunch Kit
or Pizza Lunch Kit
Tri Taters
Baby Carrots
Grapes
or Apple Slices
Choice of Milk

## Feb 12

Mini Corn Dogs or Hard Boiled Egg with String Cheese & Baked Cheetos or EZ Jammer Sandwich with Sunflower Seeds Broccoli w/Cheese Sauce Celery Sticks Orange Wedges or Apple Slices Cheddar Goldfish Cholce of Milk

# Feb 13

Chicken Tenders
or Salad w/Grilled Chicken,
Cheese & Dressing
with Tortilla Chips
or EZ Jammer Sandwich
with Sunflower Seeds
Mashed Potatoes & Gravy
Celery Sticks
Cinnamon Applesauce
or Apple Slices
Dinner Roll
Choice of Milk

# Feb 14

Deep Dish Cheese Pizza
or Roasted Ranch Chickpeas
with String Cheese
& Baked Doritos
or EZ Jammer Sandwich
with Sunflower Seeds
Green Beans
Baby Carrots
Be Mine Slushie
or Apple Slices
Choice of Milk

# Feb 15

Soft Shell Taco w/Cheese or Vanilla Yogurt with Sunflower Seeds & Cheerios Cereal or EZ Jammer Sandwich with Sunflower Seeds Refried Beans Chopped Romaine Banana or Apple Slices Tortilla Chips & Salsa Choice of Milk

## Feb 16

Cinn French Toast Sticks with Egg Patty or Nacho Lunch Kit or Pizza Lunch Kit Glazed Carrots Fresh Broccoli w/Ranch Pear Cup or Apple Slices Choice of Milk

#### Feb 19

President's Day No School

#### Feb 20

Teacher Institute Day No School

#### Feb 21

Chicken & Waffle
or Roasted Ranch Chickpeas
with String Cheese
& Baked Doritos
or EZ Jammer Sandwich
with Sunflower Seeds
& Cheddar Goldfish
Steamed Broccoli
Baby Carrots
Baked Apples
or Apple Slices
Choice of Milk

#### Feb 22

Cheeseburger or Vanilla Yogurt with Sunflower Seeds & Cheerios Cereal or EZ Jammer Sandwich with Sunflower Seeds Baked Beans Green Pepper Strips Banana or Apple Slices Soft Mini Pretzel Choice of Milk

#### Feb 23

Breaded Mozzarella Sticks with Marinara Sauce or Nacho Lunch Kit or Pizza Lunch Kit Peas & Carrots Grape Tomatoes Strawberry Applesauce or Apple Slices Choice of Milk

#### Feb 26

Chicken Patty Sandwich
or Hard Boiled Egg
with String Cheese
& Baked Cheetos
or EZ Jammer Sandwich
with Sunflower Seeds
Broccoli w/Cheese Sauce
Celery Sticks
Grapes
or Apple Slices
Cheddar Goldfish
Choice of Milk

#### Feb 27

Chicken Nuggets
or Salad w/Grilled Chicken,
Cheese & Dressing
with Tortilla Chips
or EZ Jammer Sandwich
with Sunflower Seeds
Mashed Potatoes & Gravy
Grape Tomatoes
Fruit Slushie
or Apple Slices
Dinner Roll
Choice of Milk

#### Feb 28

Stuffed Crust
Cheese Pizza
or Roasted Ranch Chickpeas
with String Cheese
& Baked Doritos
or EZ Jammer Sandwich
with Sunflower Seeds
& Cheddar Goldfish
Green Beans
Fresh Cauliflower w/Ranch
Pear Cup
or Apple Slices
Choice of Milk

#### Feb 29

Walking Taco w/Cheese
or Vanilla Yogurt
with Sunflower Seeds
& Cheerios Cereal
or EZ Jammer Sandwich
with Sunflower Seeds
Seasoned Black Beans
Chopped Romaine
Banana
or Apple Slices
Baked Doritos & Salsa
Choice of Milk

#### Mar 1

Mini Cinnamon Rolls with Cheese Omelet or Nacho Lunch Kit or Pizza Lunch Kit Tri Taters Baby Carrots Cinnamon Applesauce or Apple Slices Choice of Milk

Student lunch price: \$2.65 Adult lunch price: \$3.15 1% White or Chocolate Milk is offered with all meals.

Menus are subject to change. This institution is an equal opportunity provider.



# Northpoint Mission

Stories to read

(YouTube or your local library)

Habit 5: Seek First to Understand, Then to Be Understood

The Runeway Bunny by Margaret Wise Brown.
The Runeway Bunny follows the thoughts of the little bunny who thinks he would like to run away. By seeking first to understand, Mother Rabbit truly listens to her little bunny. She then seeks to be understood by offering assurance that she will always come and find him.

The True Story of the 3 Little Pigs! by |on

Northpoint students, teachers, staff, and families work together to inspire individuality through social, personal, and academic excellence.

		Scieszka. The True Story of the 3 Little Pigs ty joi	
Month:	February	children the traditional story from the well's point of view (paradigm). Seeking to undestand the woll's paradigm gives us a much different take on the story. <b>Stellelune</b> by Janell Cannon. Stellaluna is a bat but is being raised with birds. Stellaluna has to seek to undestand the birds' habits in order to survive.	
Habit:	#5 ~ Seek 1st to Understand,	As the story continues, the birds begin to understand why bats do things differently. They realize they can be friends, even though they are different.	
	Then to Be Understood	Jameica's Find by Juanita Havill, Jamaica is a little girl who finds a staffed toy at the park and wants to keep it very much. However, her guilt is growing as she thinks the toy may belong to another child.	
What it	Seek First to Understand, Then to Be Understood means	Alejandro's Gift by Richard E. Albert. Alejandro lives alone in the desert, so he is very appreciative when small animals visit to drink from a small pond near his house. Alejandro, determined to provide	
	that it is better to listen first and talk second. By taking	water for the larger desert animals, digs a water hole for them, but they do not come. He seeks first to	
mëans:	the time to listen to another person, you reach a higher	understand and realizes that the water hole is too close to his home, so he digs another hole farther away. The animals come to visit, understanding that	
	level of communication. Teaching Habit 5 to young children	he will not cause them harm.	
	is done by first considering their age and development. Young children find it difficult to un-		
	derstand another's point of view. This habit is best approached by introducing listening as a skill that should be practiced. Learning to listen without interrupting and learning to lis-		
	ten with your ears, your eyes, and your heart will help children build a foundation for Habit		
	5. Simply put, we have two ears and one mouth so that we can spend more time listening		
	with the intent to understand.		
=	*To better understand how listening can help or hurt a relationship, try "pretend listening"		
Ideas for	with your child for a few minutes. Your child will be frustrated. Explain what you were doing		
home:	and discuss how your child felt. Now have your child ignore you when you are talking. Discuss		
	how it makes you feel when you are ignored. Finish the discussion by thinking of ways to let		
	the other person know when you feel you are not being truly listened to.		
	*Body language can be even more important than words. Play a game with your kids where		
	you each try to guess the other's emotion (happy, sad, angry, frustrated, bored, etc.)		
<b>.</b>	without using any words, just body language.		
Instead of	*Demonstrate how saying the same phrase in a different tone of voice can give the phrase		
putting others	a completely different meaning. Try emphasizing different words in the phrase "I didn't		
in their place,	say you did it" and then have your child tell you how the meaning changed.		
put yourself in	*Is there an issue you and your child always disagree about? If so, go to your child and say,		
	"Help me understand your point of view." Then really listen without interruptions. When		
Their place.	your child is finished, repeat in your own words what you heard until he or she acknowledges		
Amish Proverb	feeling understood. Then it's your turn to speak and your ch	ild's turn to listen.	

# Student Council Souper Bowl Food Drive Dates: February 5-9

Items accepted: cans, boxed food (pasta, rice, etc.), non perishable items. Drop off in front of the office. Thank you!

# Kindergarten Preview is coming up!

Northpoint Kindergarten preview will be held on **March 6th**. Please call the Northpoint office at 557-4420 to get your student on our list. Your child must be 5 years old on or before September 1, 2024 to register for the 2024-2025 school year. If you know of any families with children that will be eligible for Kindergarten, it would be appreciated if this information could be passed on to them:

For registration you will need to provide the following:

- Your child's certified birth certificate from the courthouse in the county where your child was born
- Proof of residency (See the Northpoint website for more detailed information.)
- See nurse notes for health required forms

# **Parents & Guardians:**

Please check out the Illinois 5Essentials survey. This will be available until March 29th. View the survey <u>HERE</u>.

# Our Knight Mission Statement

Northpoint students, teachers, staff, and families work together to inspire individuality through social, personal, and academic excellence.

# Our Knight Vision

Our vision is to provide a safe, caring, stimulating environment where our students will achieve their fullest potential, so they may become lifelong learners.

K nights Get your Arrrmor on! Respectful, Responsible, Ready/Safe

N orthpoint Community Pride

I nspiring Life Long Learning

G uiding Individual Excellence for All Students

H ome to school Connections

T eamwork

S tudent Centered Success